



Soccer Study Guide

Center- a pass from outside the field near the side line into the center

Charge- body contact between opponents; may be either illegal or legal

Clear- playing the ball a great distance to move it out of a danger area

Corner kick- a direct free kick awarded to the attacking player on the corner arc when the defending team last played the ball over their own end line

Cross- a pass from outside the field by the end line to the front of the goal

Dead ball situation- restarting the game following the stopping of play

Direct free kick- a free kick from which the kicker may immediately score

Dribble- the technique of the player self-propelling the ball with the foot while moving from one spot to another

Drop ball- method for restarting the game after suspension of play when the ball is still playable

Head- playing the ball with the head

Indirect free kick - a free kick that starts play at the beginning of the game, after each period, or after a score

Obstruction- the illegal use of the body to shield an opponent from reaching the ball

Penalty kick- a free kick awarded for a Direct Free Kick foul in the penalty area against the defending team

Tackle- a technique for taking the ball away from the opponents

Through pass- a pass that penetrates between and past the defenders

Throw-in- the technique used for restarting the game when the ball goes out of play over the side line

Trap- receive the ball and bring it under control

- Soccer is played by 11 players from each team.
- The game is continuous with no timeouts allowed.
- If play is stopped for some reason- for instance, the ball deflating or a player getting injured- play is resumed by a drop ball.
- The goalkeeper is the only player who may use hands & arms, take 4 steps with the ball and punt, throw, or drop-kick the ball. He is also free from interference by opponents while in possession of the ball. This applies only within the penalty area.

Kickoff

The ball is placed in the center of the field on the half-way line, & the team kicking off plays the ball forward from the line. All players from the defending team are at least 10 yards from the ball. A goal can't be scored from the kickoff.

Fouls

Fouls & misconduct result in a free kick to the offended team. Severe infractions result in a direct free kick; otherwise, an indirect free kick is awarded.

Some offenses for which Direct Free Kicks are awarded:

- Contacting the ball with hands or arms.
- Holding, pushing, striking, kicking, or tripping an opponent.

Some offenses for which Indirect Free Kicks are awarded:

- A player playing the ball a 2nd time before it's played by another player on a kickoff, throw-in, free kick, corner kick, or goal kick.
- A goalkeeper carrying the ball more than 4 steps.
- A substitution or re-sub. being made without reporting to the referee.
- Arguing with the ref.
- Interfering with the goalkeeper before he releases the ball.

A penalty kick is taken from any spot on the penalty mark. All players except kicker and goalkeeper must be outside the penalty area.

Scoring

Goals are worth 1 point.

Besides regular play, goals may also be scored on a direct free kick, penalty kick or corner kick.

Typical Soccer Field

1. End line
2. Goal area
3. Penalty area
4. Side line
5. Penalty Kick Mark
6. Penalty Kick Arc
7. Half-way line
8. Center Circle
9. Corner Arc

