



COURSE SYLLABUS:

Health 10

Instructor's Name: Rachel Watkins
Email Address: rwatkins@becker.k12.mn.us
Website: www.rachelwatkins.weebly.com
Academic Assistance Time: Before school on M, W, R, F 7:45 – 8:00
After school any day 3:00–3:30

Student Learning Objectives/Outcomes

1. To provide the student an opportunity to examine their lifestyle and to see how it fits into society in general.
2. To provide opportunities for the student to gain knowledge and to use a decision making process to solve problems that they face today and in the future.
3. To provide the student with opportunities to discover who they are and how to improve ones self image.
4. To develop within the student a cooperative behavioral attitude toward solving problems.
5. To provide students with information on a wide variety of health related topics and show how they interact with one another to influence our health.

Content Covered

1. Health Foundations
2. Mental/Emotional health
3. Social health, Relationships
4. Growth and Development (Life Cycle)
5. Tobacco and Alcohol use
6. Medicines and Drugs
7. Communicable and Chronic diseases
8. STDs, HIV/AIDS
9. Intentional and unintentional injuries (suicide)

Course Materials

The following is a list of materials that each student will need to bring to class each day:

- Textbook **Glencoe Health**
- Health folder to keep all handouts and daily assignments
- Notebook to record lecture notes and assignments
- Writing utensil (pencil on test days)
- iPad

Course Links

Turnitin.com

Grading Scale and Information

- Written tests will be the majority of each student's grade.
- Various unit worksheets will be assigned.
- Class participation is highly encouraged.
- There will be a major project that will be worth 90 points. Due date for the project will be determined by the topic chosen. Students will present their project when the topic comes up during the quarter. The project must include a 3-5 page (typed and double spaced) as well as the class presentation.
- Final grade is based on total points earned during the quarter.

BHS Unified Grading Scale

A	100-93%	B-	82-80%	D+	69-67%
A-	92-90%	C+	79-77%	D	66-63%
B+	89-87%	C	76-73%	D-	62-60%
B	86-83%	C-	72-70%	F	59% and below.

Note: College in the schools classes are subject to their own grading scale.

There is NO extra credit

Course Policies and Responsibilities

- Students need to be on time for class.
- Students need to take an active role in the learning process (class participation).
- Bring all course materials to class everyday.
- No food or drink will be allowed in the classroom (water is acceptable).
- Respect for fellow students, guests, teacher and property.

Make - up work:

If you miss a day of class due to an excused absence, students will need to obtain notes from another student. If an assignment, quiz or test was taken student must set up a time to make up the missed work. Make up time needs to be completed within 2 weeks (10 school days) from the date of the absence. This option is available for excused absences only. Unexcused absences receive a zero. Prearranged absence time should be made up before the date of the absence.

Citation/Plagiarism

Your project paper will be turned in to turnitin.com. Students plagiarizing their paper will receive a zero for the assignment and may fail the class.

iPods/MP3 players/cell phones are NOT allowed in class

(Detach and return to teacher)

I have read and understand the Objectives, Policies and Grading used in Health 10.

STUDENT SIGNATURE _____

PARENT SIGNATURE _____